



## **Long Island Sound Water Quality Monitoring Program**

# **August 2025**

**From the Connecticut Department of Energy and Environmental Protection  
(HYAUG25)**

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## Background

Hypoxia is a condition in which low or depleted dissolved oxygen concentrations are observed in the waters of Long Island Sound (LIS). Hypoxia impacts up to half of the LIS waters each summer. The primary cause of hypoxia is excess nitrogen from human sources. These sources include sewage treatment plant discharges, storm water runoff and atmospheric deposition.

The water temperature of Long Island Sound plays a crucial role in influencing hypoxia levels through several interconnected mechanisms. As water temperature increases, its ability to dissolve oxygen decreases, meaning warmer water naturally holds less dissolved oxygen. Additionally, higher temperatures elevate the metabolic rates of aquatic organisms, leading to increased oxygen consumption and further depletion of oxygen levels. Thermal stratification during warmer months results in a less dense, warmer layer sitting atop a denser, cooler layer, preventing the mixing of oxygen-rich surface waters with the deeper layers. This lack of mixing can isolate the bottom layers from essential oxygen, leading to hypoxia. Warmer temperatures also contribute to increased nutrient runoff from surrounding lands, enriching the water with nitrogen and phosphorus, which stimulate the growth of algae and phytoplankton. When these algae die and decompose, the process consumes a significant amount of oxygen, exacerbating hypoxia. Furthermore, higher temperatures boost the biological oxygen demand due to heightened activity levels of bacteria and microorganisms decomposing organic matter, further reducing oxygen levels. Consequently, the combination of reduced oxygen solubility, thermal stratification, enhanced nutrient runoff, eutrophication, and increased biological oxygen demand due to warmer water temperatures creates conditions where dissolved oxygen levels fall below the thresholds necessary to support healthy marine life, resulting in hypoxic zones in Long Island Sound.

Dissolved oxygen (DO) levels below 3.0 mg/L are considered hypoxic in LIS. Hypoxic conditions cause impairment and, in some cases, death to aquatic life. Some studies have found DO can become limiting below 4.8 mg/L for sensitive fish species, while more tolerant species are not affected until DO falls below 2.0 mg/L (Simpson et. al., 1995, 1996).

Since 1991, the Connecticut Department of Energy and Environmental Protection (CT DEEP) has conducted an intensive [water quality monitoring program](#) on Long Island Sound (LIS). The program is funded through a grant from the [U.S. Environmental Protection Agency's \(EPA\) Long Island Sound Partnership](#). Data from the surveys are used to quantify and identify annual trends and differences in water quality parameters relevant to hypoxia, in particular nutrients, temperature, and chlorophyll. These data are also used to evaluate the effectiveness of the LIS management programs' efforts to reduce anthropogenic nitrogen inputs, since nitrogen is a primary contributor to the excessive algae growth that leads to hypoxia in LIS.

During the summer (June - September), surveys across LIS are conducted at bi-weekly intervals to better define the areal extent and duration of hypoxia. During these surveys stations are sampled for in-situ parameters including dissolved oxygen, temperature, pH, and salinity. The [sampling calendar](#) lists the expected survey dates.

The HYAUG25 survey was conducted 11-13 August 2025 aboard the R/V John Dempsey. A total of 39 stations were sampled.

## Weather

Precipitation and temperature are important factors that influence both the environment and human safety.<sup>1</sup> Heavy rain can lead to flooding in vulnerable municipalities across the Northeast. Increased precipitation also reduces salinity in estuaries, which affects sensitive organisms that rely on these habitats as nurseries. On the other hand, decreased precipitation increases the risk of drought, which negatively affects crops and increases the risk of forest fires, especially when combined with rising temperatures.<sup>1</sup> Higher temperatures lead to increased forest fire risk, and can fuel more intense storms that endanger coastal communities.

A summary of weather conditions across the coastal portion of the Long Island Sound watershed follows to provide context for CTDEEP's surveys and the formation and progression of hypoxic conditions.

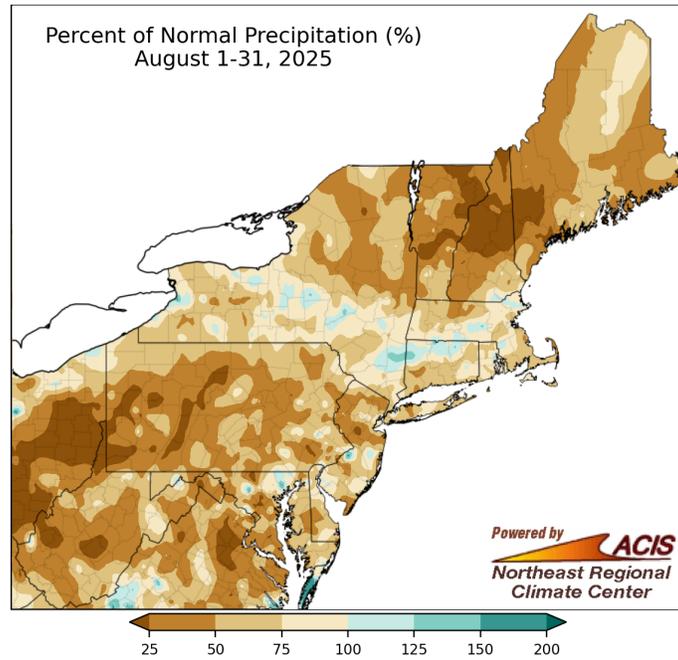
Bridgeport, CT experienced a cooler than normal August with an average temperature of approximately 70.8 °F, which is -2.0 °F below normal, ranking it their 10th coolest August on record. Similarly, Hartford, CT had an average temperature of approximately 71.2 °F, which is -1.8 °F below normal, ranking this their 12th coolest. Meanwhile in New York, Islip saw an average temperature of approximately 72.5 °F, which is -1.5 °F below normal, ranking it their 15th coolest. LaGuardia Airport, NY had the least amount of temperature change with an average of approximately 77.5 °F, which is -1.2 °F below normal, ranking this August their 8th coolest. Similarly, JFK Airport, NY had an average of approximately 78.0 °F, which is -1.3 °F below normal, ranking this their 9th coolest of all time. Overall, all stations had a decrease in temperature this August.

The amount of rain varied drastically. In Bridgeport, CT, the rainfall totaled approximately 1.50 inches, which is 45% of normal (3.29 in), making this August their 8th driest on record. In contrast, Hartford, CT had on average approximately 2.80 inches of rain this August, which is 68% of normal (4.14 in), ranking this their 10th driest. New York also had varied precipitation amounts. In Islip, NY, it rained approximately 3.00 inches, which is 90% of normal (3.35 in), ranking this their 18th driest August. However, the other two locations in New York, LaGuardia Airport and JFK Airport, had even less precipitation overall. For instance, LaGuardia, NY only had approximately 2.15 inches of rain, which is 50% of normal (4.31 in), ranking this their 6th driest. JFK Airport, NY had approximately 2.30 inches of rain, which is 60% of normal (3.83 in), ranking this their 7th driest. Overall, the stations monitored were dry in the levels of precipitation.

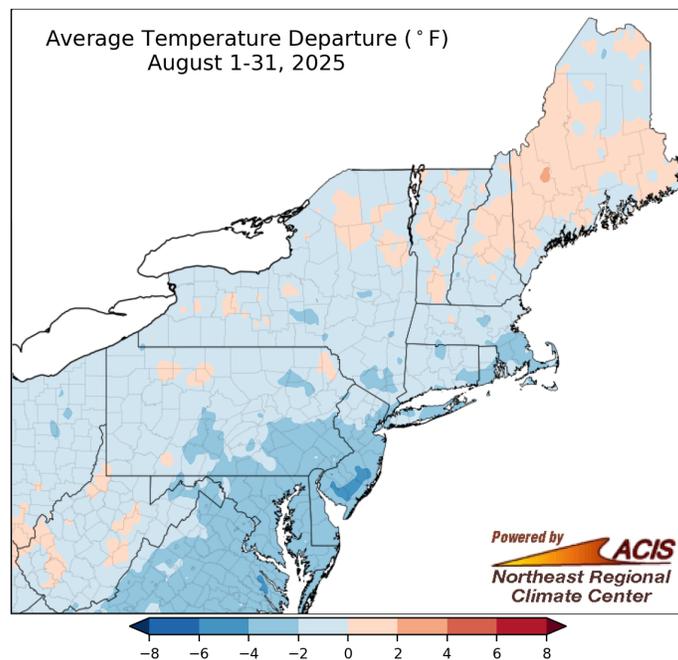
All data and images were from the Northeast Regional Climate Center's Website. Furthermore, to see the average temperature and precipitation of other areas in the Northeast please read the blog located at <https://www.nrcc.cornell.edu/>.

# NRCC Graphics for September 1, 2025

## Temperature data across the Northeast for the last month



## Precipitation data across the Northeast for the last month

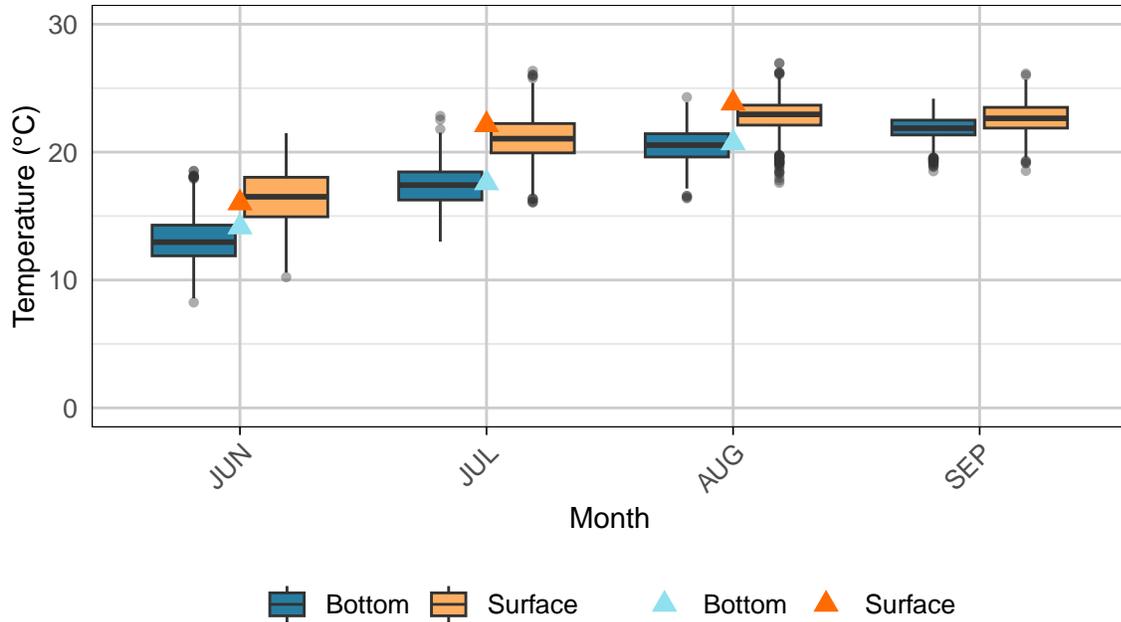


# Temperature

The graph below displays the range and median of the average monthly surface (orange boxes) and bottom (blue boxes) water temperature of Long Island Sound as recorded by CTDEEP during the year-round water quality surveys from 1991-present. The graph also displays the average temperature for the current survey (orange and blue triangles).

## Long Island Sound Temperatures (HY Surveys)

All years summarized by month, with 2025 averages overlay



Delta T ( $\Delta T$ ) represents the difference between surface and bottom water temperatures. Variations in water temperature contribute to stratification, which in turn exacerbates hypoxic conditions. Typically, shallower coastal stations exhibit the smallest temperature differences due to their increased susceptibility to mixing, weather, and anthropogenic influences. The greater the Delta T, the higher the potential for severe hypoxia.

Overall, across the 17 stations analyzed, bottom temperatures showed a notable increase with an average change of  $+0.41^{\circ}\text{C}$ . One station had a notable increase which was at H4 ( $+1.08^{\circ}\text{C}$ ) In contrast, surface temperatures experienced a mild decrease with an average change of  $-0.49^{\circ}\text{C}$  with notable drops occurred at F2 ( $-1.13^{\circ}\text{C}$ ), D3 ( $-1.01^{\circ}\text{C}$ ), and B3 ( $-1.02^{\circ}\text{C}$ ).

## Spatial Distribution of Bottom Water Dissolved Oxygen Levels

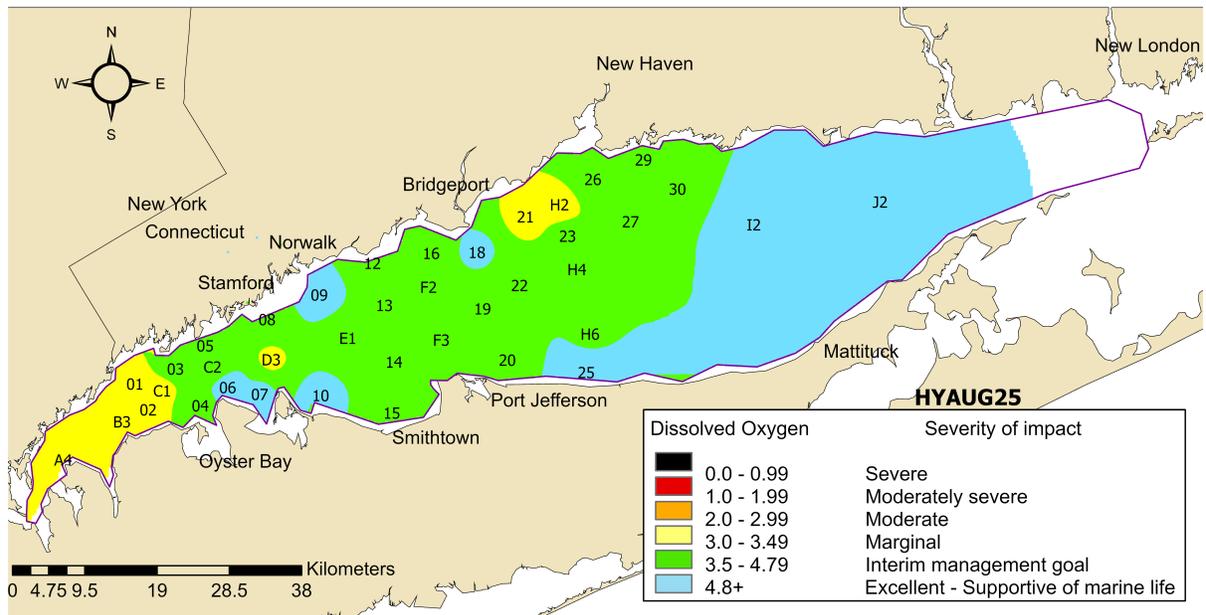
During the HYAUG25 survey, eight stations had DO concentrations between 3.0 and 3.5 mg/L and 23 stations had concentrations between 3.5 and 4.8 mg/L.

Area estimates are below:

- 0 km<sup>2</sup> (0 mi<sup>2</sup>) below 3.0 mg/L
- 225.1 km<sup>2</sup> (86.91 mi<sup>2</sup>) between 3.0 mg/L and 3.5 mg/L
- 1222.7 km<sup>2</sup> (472.09 mi<sup>2</sup>) between 3.5 and 4.8 mg/L



## Dissolved Oxygen in Long Island Sound Bottom Waters 11-13 August 2025



## Dissolved Oxygen

Dissolved oxygen is essential for the survival of aquatic organisms, and therefore one of the most important indicators of water quality.<sup>3</sup> There are methods to increasing oxygen levels in a water body. For one, wind is able to aerate the water, allowing oxygen to dissolve into surface waters. Secondly, oxygen is a byproduct of photosynthesis, and can be introduced to the water through aquatic plants.<sup>3</sup>

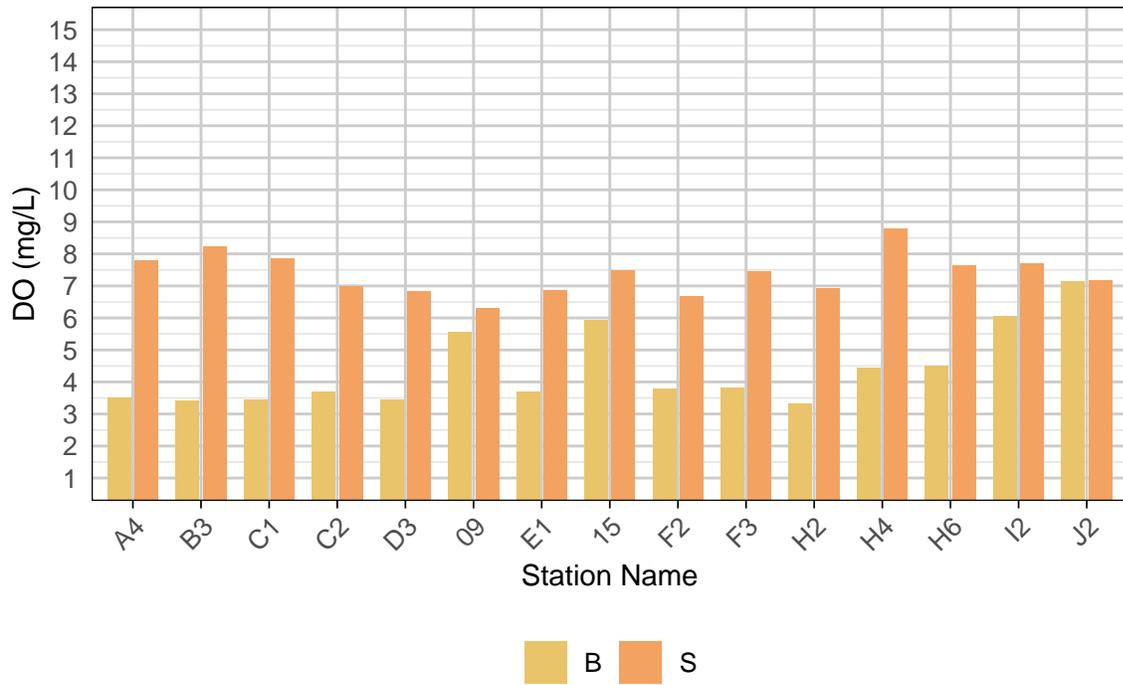
Colder water can hold more oxygen than warm water. Furthermore, freshwater is able to absorb more oxygen than saltwater, so waters with lower salinity levels often have higher DO concentrations.

In the HYAUG25 survey, the average surface dissolved Oxygen (DO) concentration was 7.07 mg/L and the average bottom DO concentration was 4.23 mg/L. The highest surface DO concentration was 8.78 at Station H4, and the lowest surface DO was 5.00 at Station 29. The highest bottom DO concentration was 7.14 mg/L at Station J2 and the lowest bottom DO was 3.05 at Station B3.

# Measured Dissolved Oxygen level across the Long Island Sound by station

## Dissolved Oxygen Concentrations Across the Long Island Sound

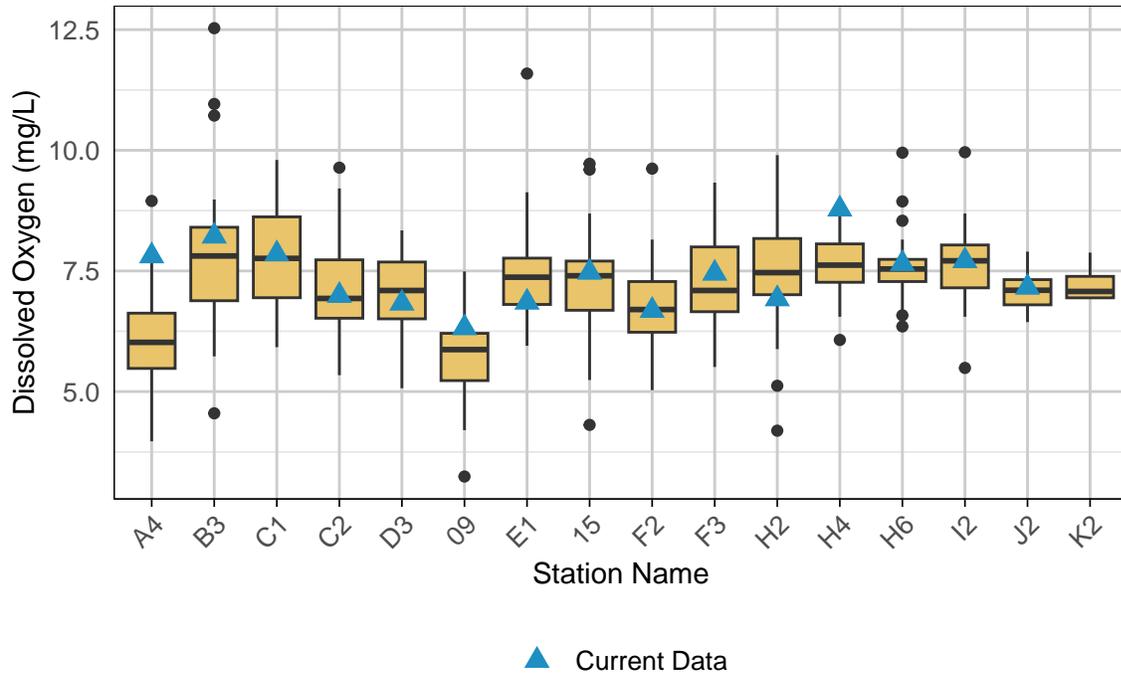
HYAUG25



# Comparing the average Long Island Sound DO values for each month since 1991

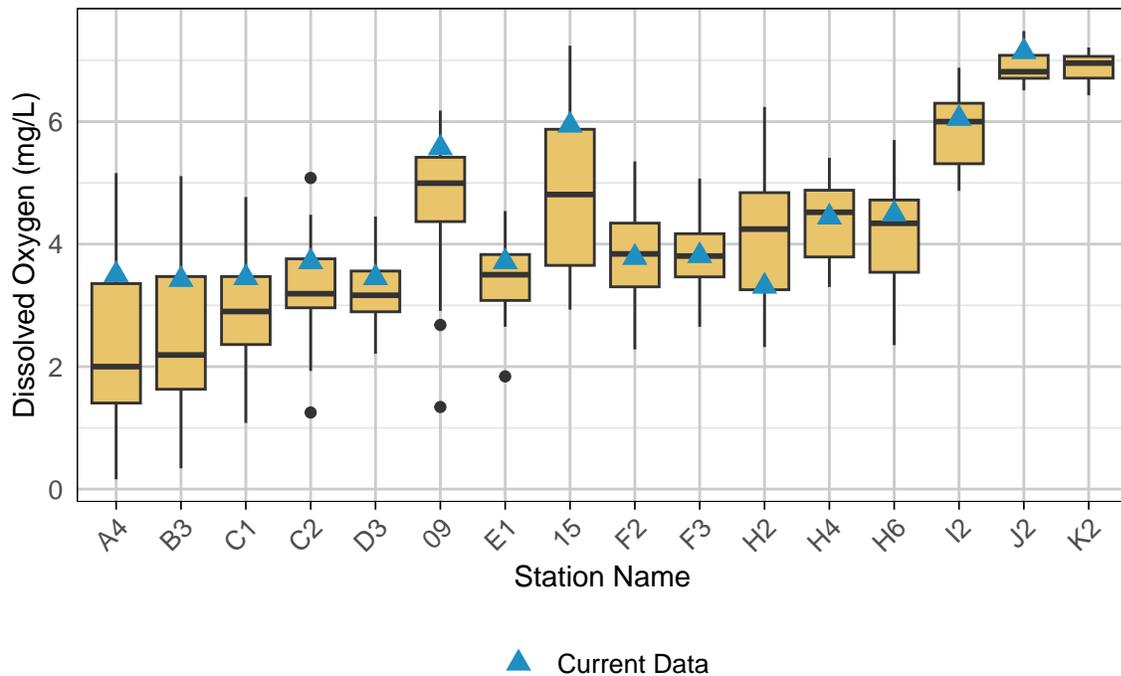
## Surface Dissolved Oxygen Concentrations Across the Long Island Sound

For this month, every year since 1991 (HY surveys only)



## Bottom Dissolved Oxygen Concentrations Across the Long Island Sound

For this month, every year since 1991 (HY surveys only)

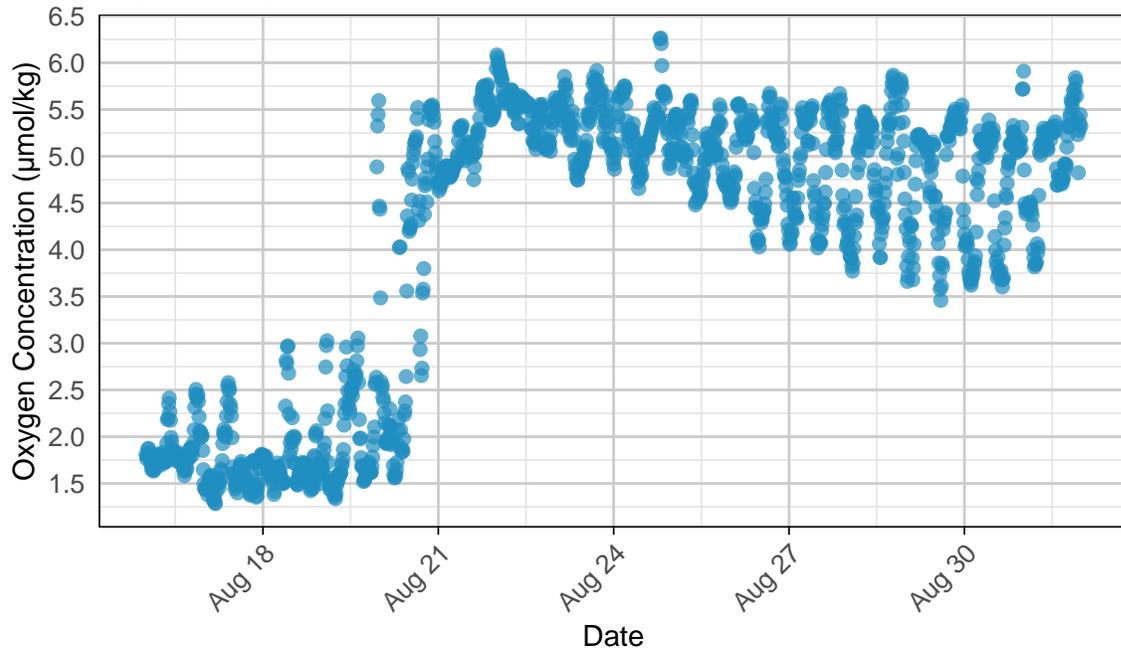


## Recent Dissolved Oxygen Levels at EXRX, WLIS, and ARTG Stations

The Long Island Sound Integrated Coastal Ocean Observing System (LISICOS) collects and reports real-time continuous meteorological, water quality, and wave height data. The system is operated and maintained by the University of Connecticut with funding from the Long Island Sound Partnership and the Northeast Regional Association of Coastal Ocean Observing Systems (NERACOOS). The following graphs depict time series data from the LISICOS buoys (downloaded from the UCONN ERDDAP server) for the period surrounding the HYAUG25 survey.

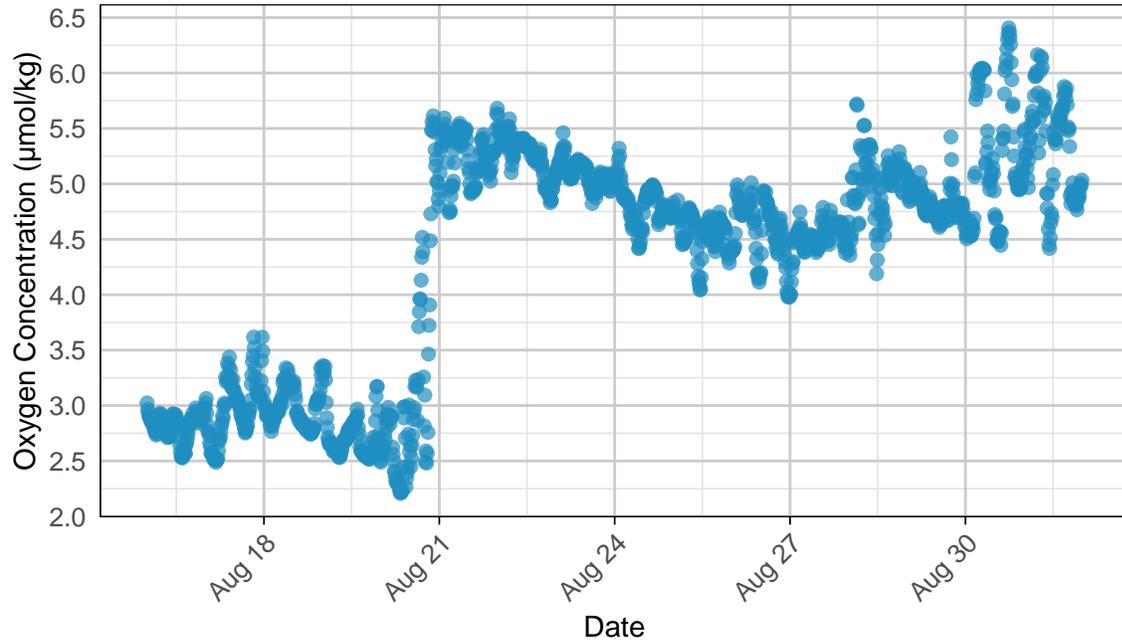
### Oxygen Concentration in Sea Water – EXRX

Aug 16 – Aug 31, 2025



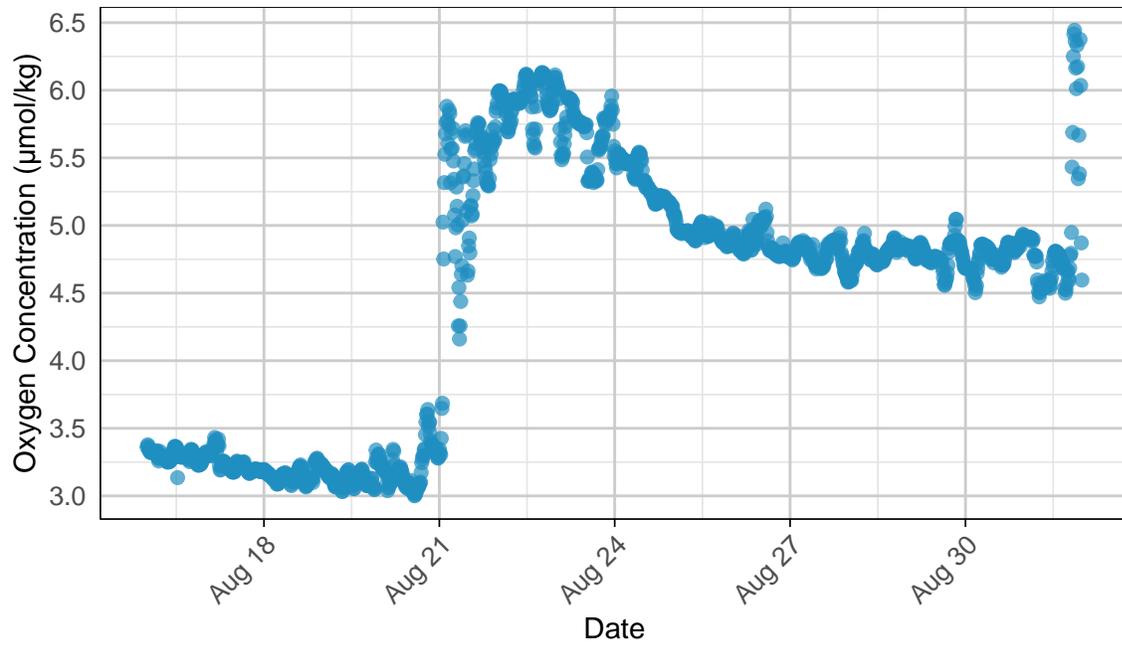
## Oxygen Concentration in Sea Water – WLIS

Aug 16 – Aug 31, 2025



## Oxygen Concentration in Sea Water – ARTG

Aug 16 – Aug 31, 2025



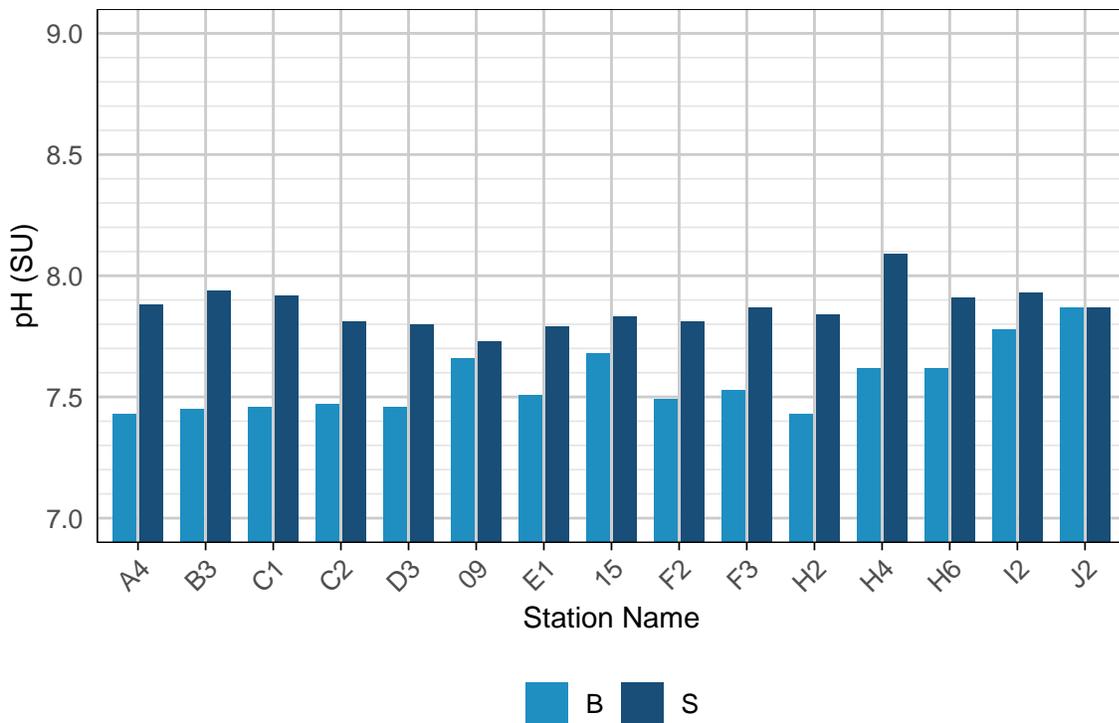
# pH

Ocean acidification has detrimental effects on marine life. Waters with a lower pH value, and therefore a greater acidity, have fewer carbonate ions. Calcifying species use available carbonate ions to produce their calcium carbonate shells. Therefore, ocean acidification harms the growth of calcifying species. This includes certain species of clams, oysters, and coral. Studies also show that increased ocean acidity can stunt the growth of many fish species.

The average acidity of the ocean is around 8.1. This is a 0.06 decrease since 1985. However, the average pH of the Long Island Sound has been found to decrease by 0.04 each decade - a much more drastic change.<sup>2</sup>

The average surface and bottom pH from all stations across the LIS during the HYAUG25 survey were 7.87 and 7.56 respectively. The highest surface pH was 8.09 at Station H4, and the lowest surface pH was 7.73 at Station O9. The highest bottom pH was 7.87 at Station J2 and the lowest bottom pH was 7.43 at Stations A4 and H2.

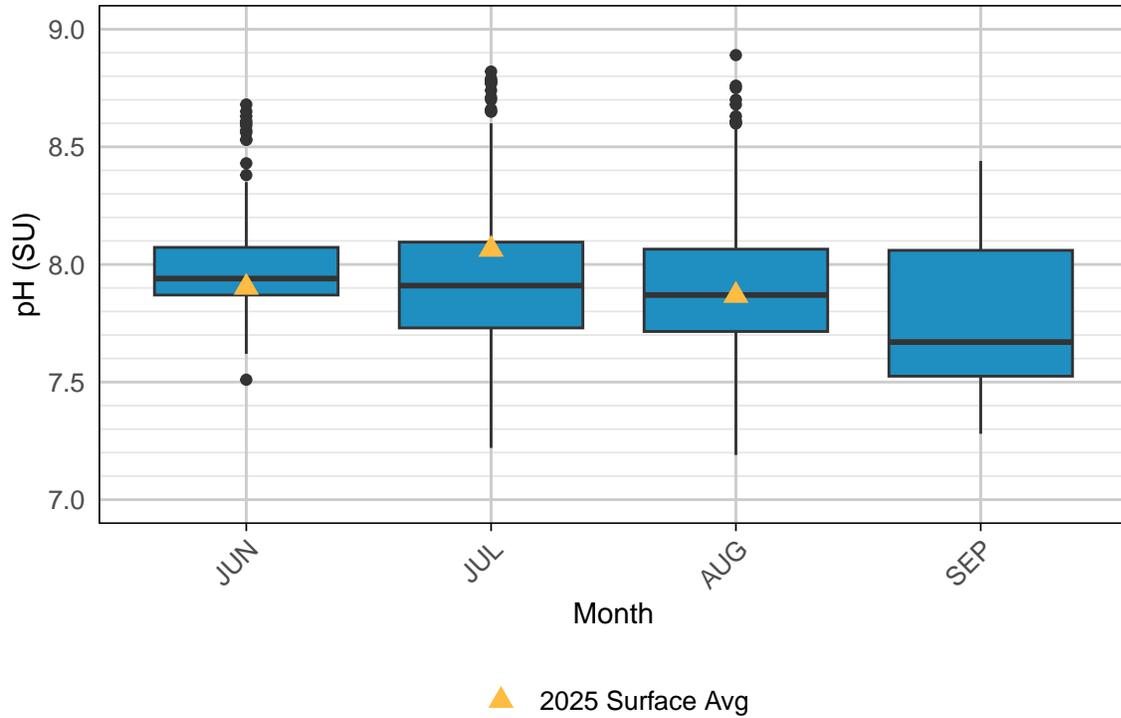
pH Values Across the Long Island Sound  
HYAUG25



# Comparing the average Long Island Sound pH values for each month since 2011

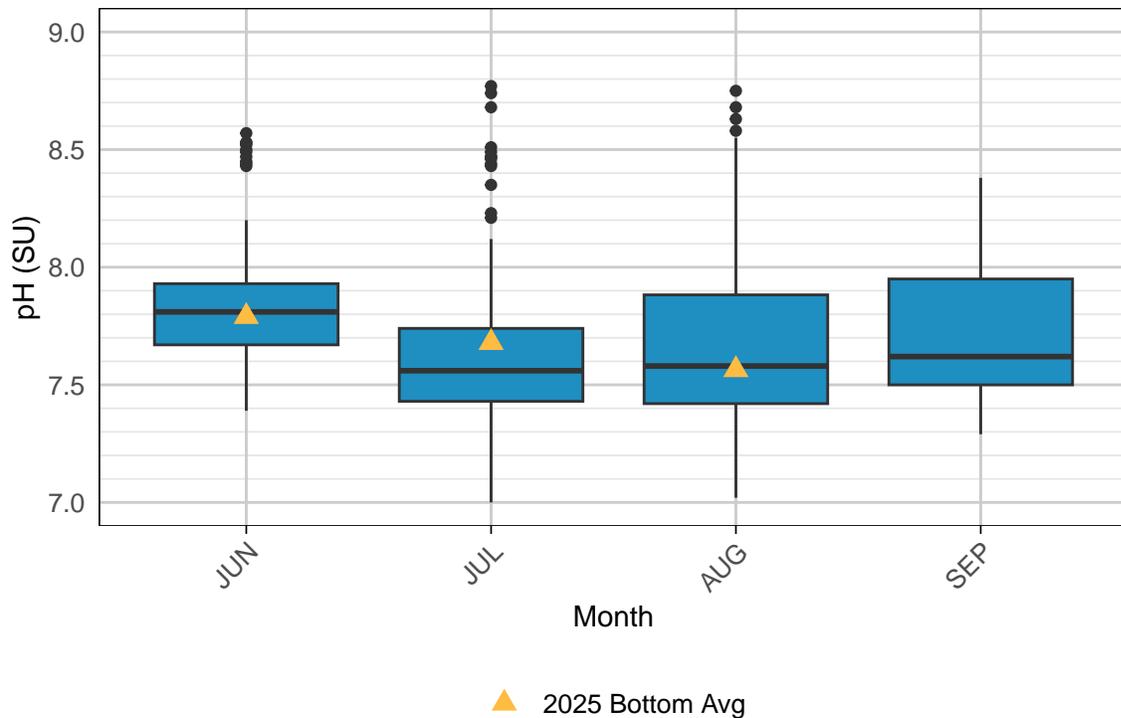
## Surface pH Values Across the Long Island Sound

Since 2011 (HY surveys only)



## Bottom pH Values Across the Long Island Sound

Since 2011 (HY surveys only)



# Salinity

The Long Island Sound is an estuary, meaning its waters are a mix of both fresh and salt water. This is referred to as brackish water. The salt water is supplied by the Atlantic Ocean, while the majority of LIS fresh water comes from three major Connecticut Rivers: the Thames, the Connecticut, and the Housatonic - from east to west.<sup>6</sup> Estuaries are considered to be some of the most ecologically productive ecosystems on Earth.<sup>6</sup>

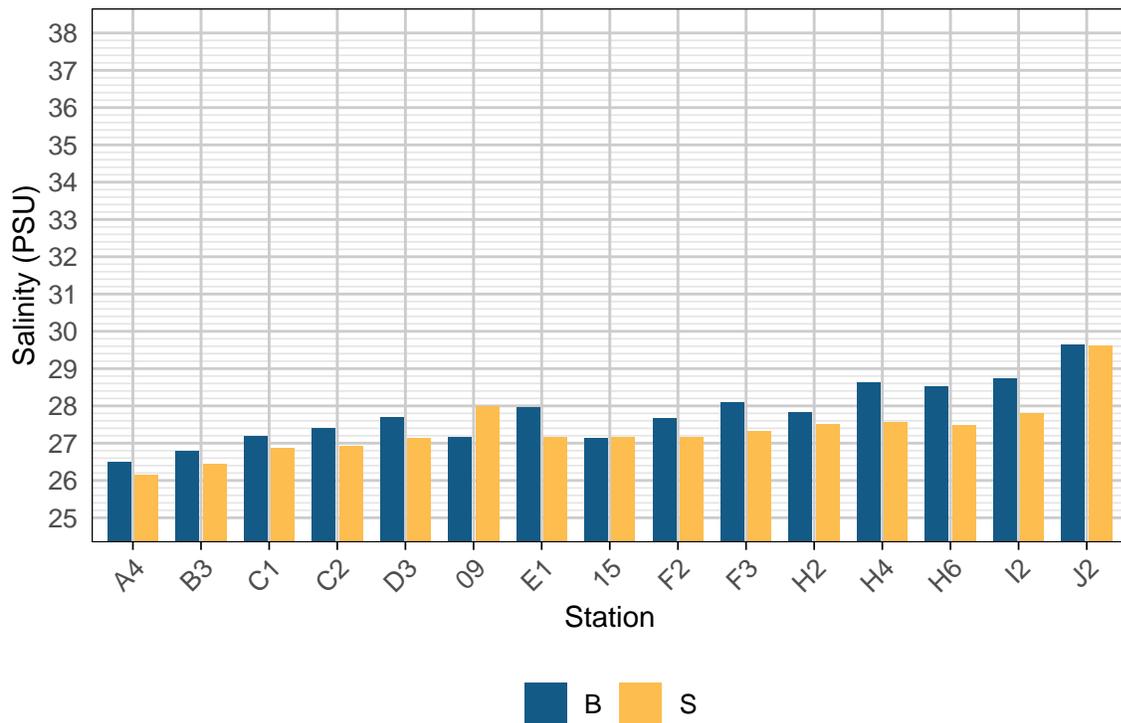
Many species rely on estuaries for breeding and nursing their young. Furthermore, many major marine species that spend most of their time in the ocean spend part of their life cycles within an estuary. This includes salmon, herring, and oysters.<sup>4</sup> The average salinity of the Long Island Sound is approximately 28 PSU, compared to the ocean, which has a higher average salinity of 35 PSU.

The average surface and bottom salinities from all stations across the LIS during the HYAUG25 survey were 27.35 PSU and 27.79 PSU respectively. The highest surface salinity was 29.62 PSU at Station J2, and the lowest surface salinity was 26.14 PSU at Station A4. The highest bottom salinity was 29.64 PSU at Station J2 and the lowest bottom salinity was 26.5 PSU at Station A4.

Eastern stations near the Atlantic Ocean tend to have higher salinities due to ocean exchange. The stations on the x-axis are arranged from east to west.

## Salinity Across Long Island Sound

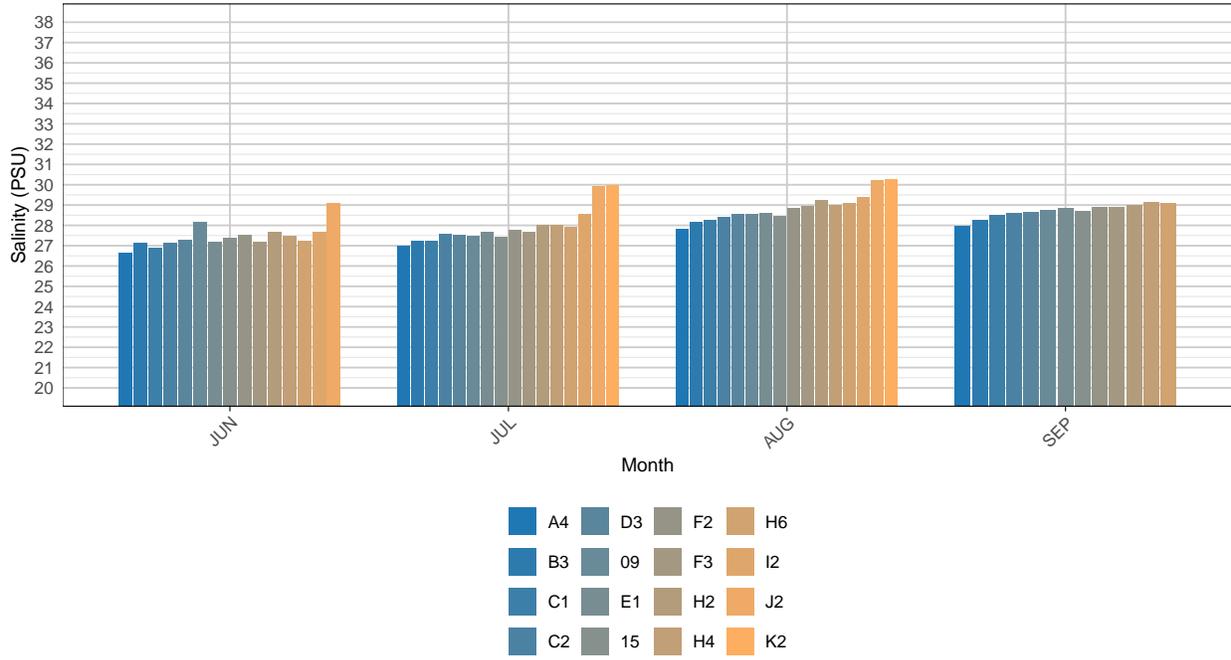
HYAUG25



# Changes in salinity throughout the year

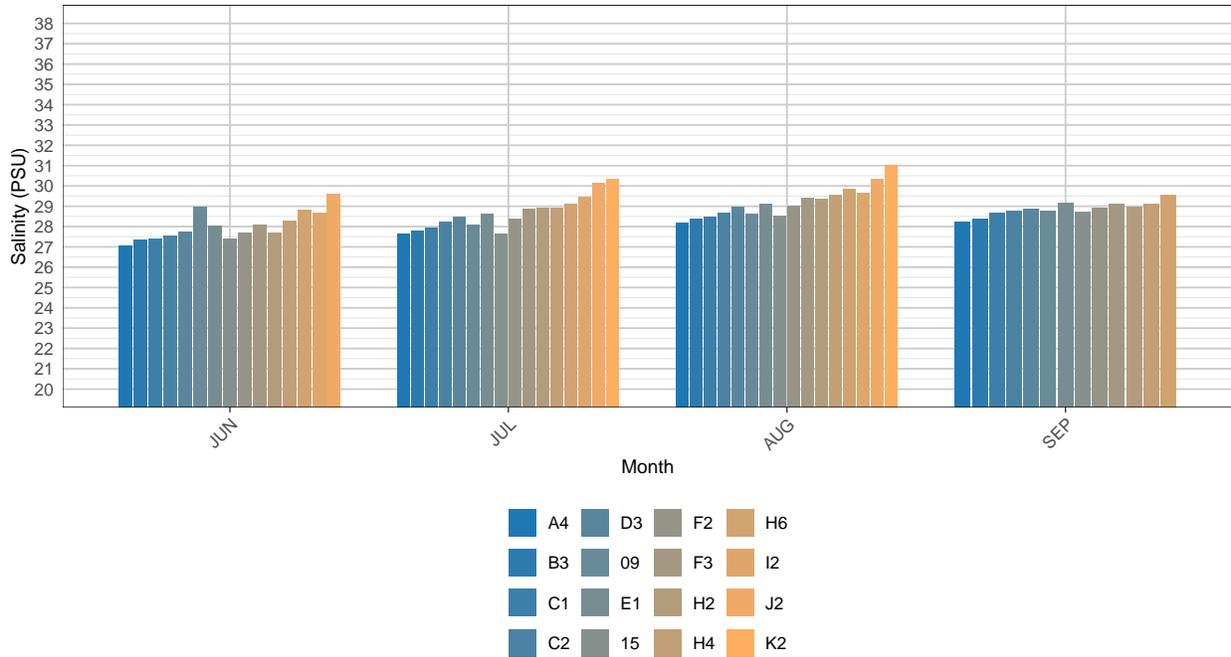
Average Surface Salinity by Station and Month

Since 1991 (HY surveys only)



Average Bottom Salinity by Station and Month

Since 1991 (HY surveys only)



## Secchi Disk Depth

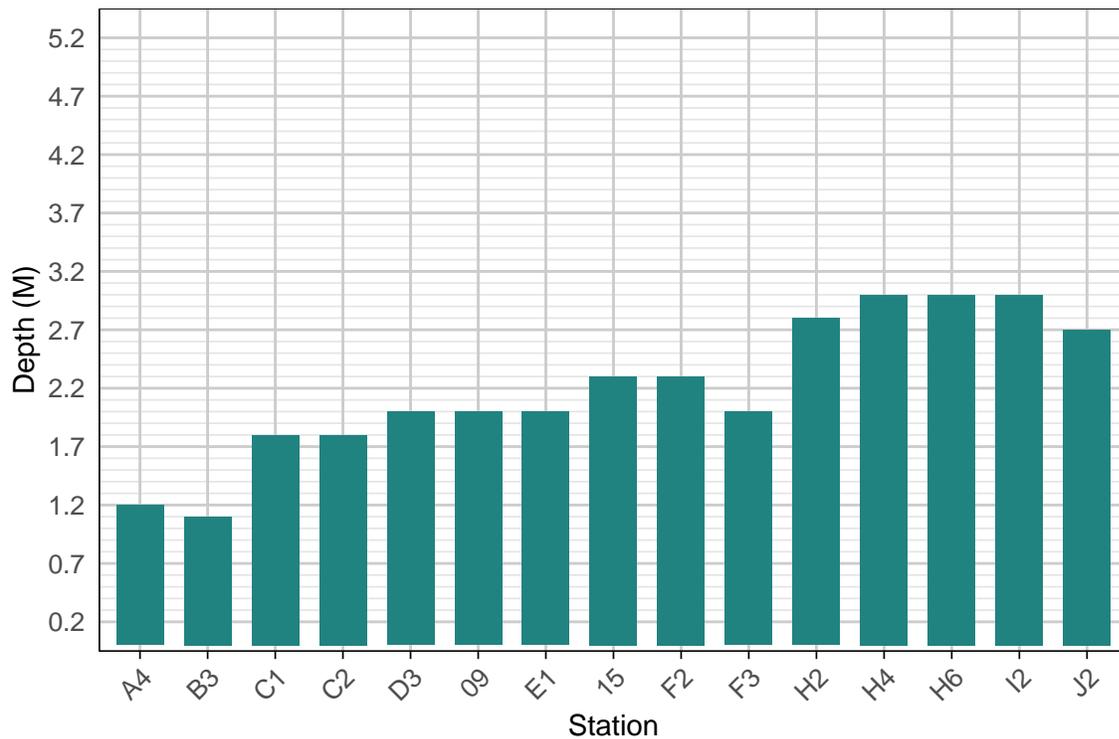
Secchi disks are used to measure the transparency of a water body. They are lowered into the water until they are no longer visible to the observer. The depth of disappearance, also called the Secchi depth, is indicative of the water clarity.<sup>7</sup> Clarity is reduced as the presence of suspended solids, plankton, and organic matter increases.

The average secchi disk depth from all stations across the LIS during the HYAUG25 survey was 2.2 m. The greatest disk depth was 3 m at Stations H4 and H6 and I2. The lowest disk depth was 1.1 m at Station B3.

### This survey’s secchi disk depths at different stations across the Long Island Sound

#### Secchi Depths Across Long Island Sound

HYAUG25



The Long Island Sound Report Card developed by Save the Sound through the LIS partnership utilizes the following thresholds:<sup>5</sup>

#### Secchi Depth Grading Thresholds

Grade	Depth Range (meters)	Score Equivalent
A	> 2.28	90–100%
B	2.12 – 2.28	80–90%

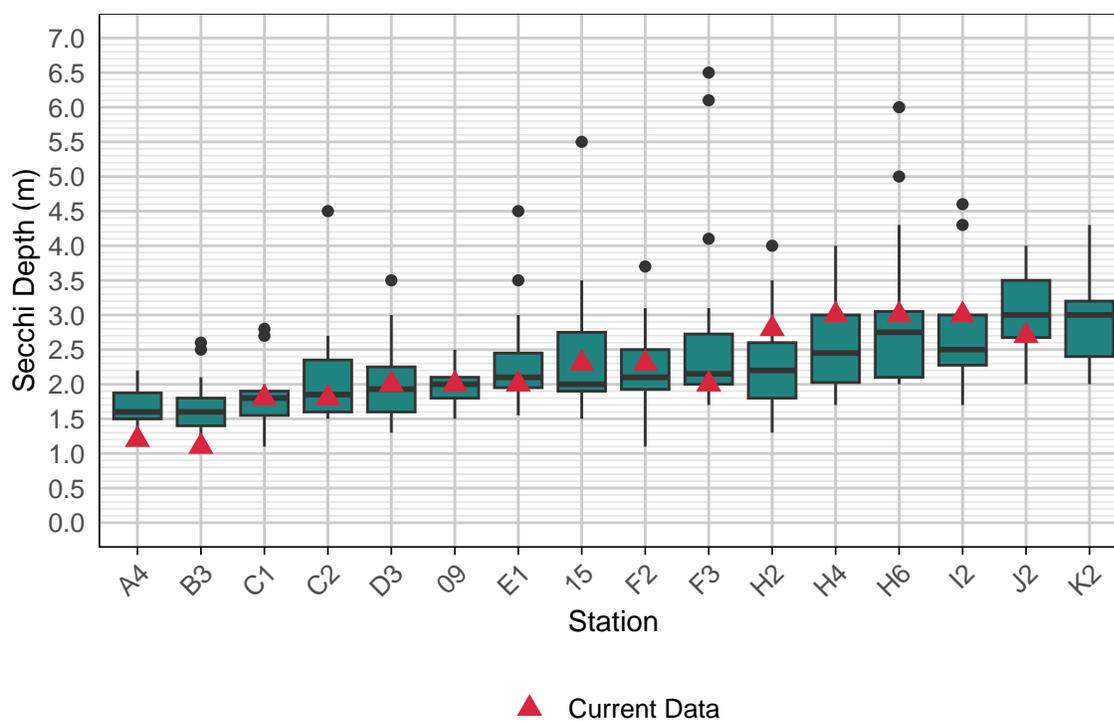
Grade	Depth Range (meters)	Score Equivalent
C	1.95 – 2.12	70–80%
D	1.80 – 1.95	60–70%
F	< 1.80	< 60%

In the HYAUG25 survey, 7 stations received a grade of A, 4 stations received a grade of C, 4 stations received a grade of F.

## Looking at historical Secchi depth values across the Long Island Sound

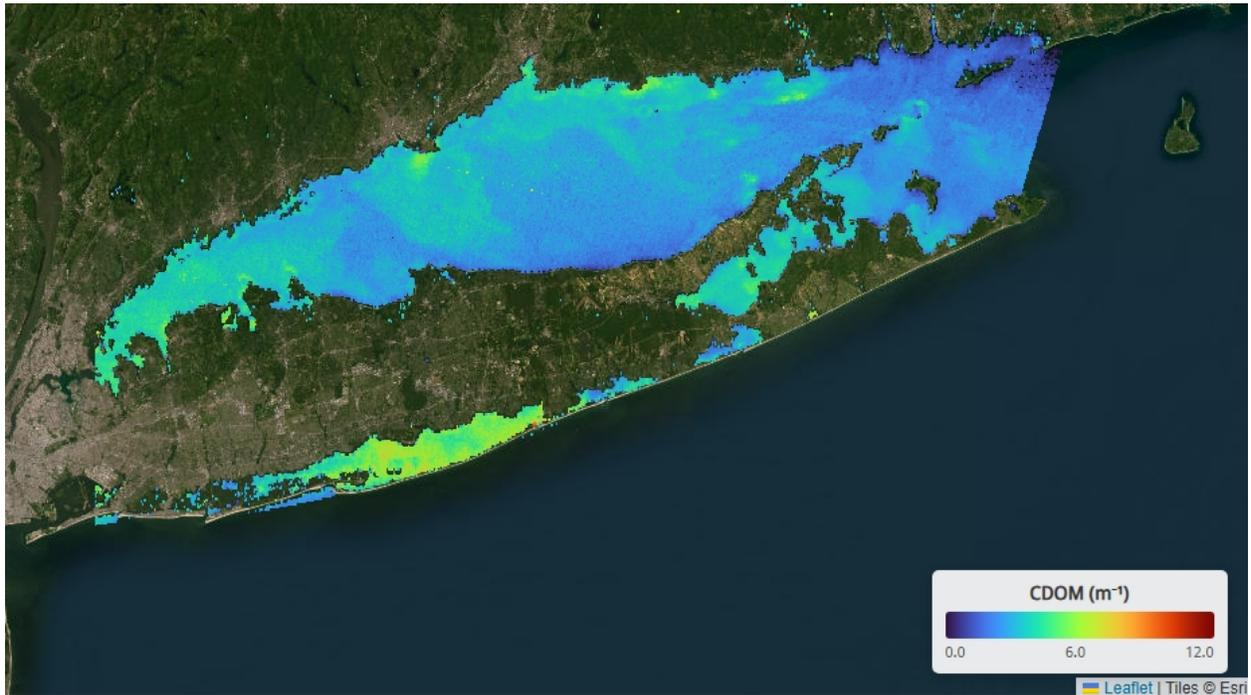
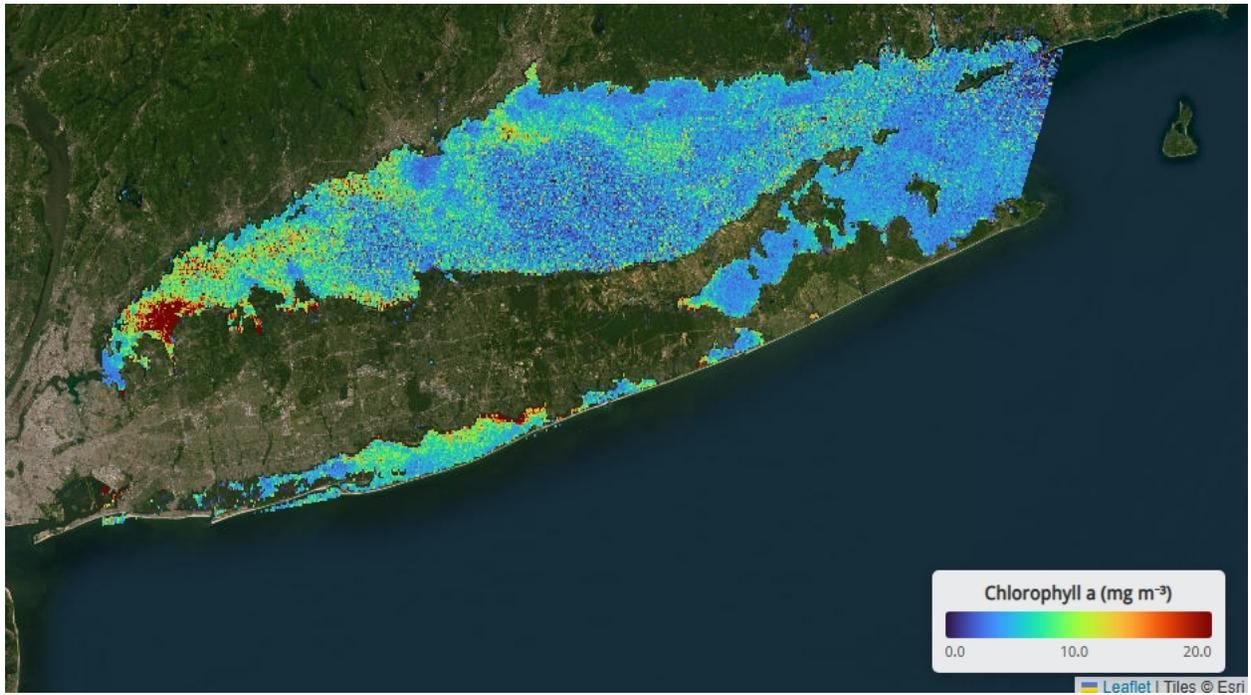
### Secchi Depths Across the Long Island Sound

For this month, every year since 1991 (HY surveys only)



## Remote sensing- CHLA, CDOM, SPM

The [LIS Ocean Color Website](#) curated by the Tzortziou Bio-optics Lab at the City University of New York displays Long Island Sound optimized chlorophyll (CHLA), colored dissolved organic matter (CDOM), and suspended particulate matter (SPM) remote sensing imagery. The images below were collected during the HYAUG survey and excerpted from the website. CHLA imagery provides a measure of plankton biomass. CDOM and SPM provide a measure of turbidity.





**For more information: Please visit the Long Island Sound Water Quality and Monitoring Program website at:** <https://portal.ct.gov/deep/water/lis-monitoring/lis-water-quality-and-hypoxia-monitoring-program-overview>

**Or contact us:** [Katie.Obrien-Clayton@ct.gov](mailto:Katie.Obrien-Clayton@ct.gov) 79 Elm Street Hartford, CT 06106 (860) 424-3176

## References

- <sup>1</sup> “Climate Change Indicators: Weather and Climate.” Environmental Protection Agency, U.S. EPA, 26 Mar. 2025, [www.epa.gov/climate-indicators/weather-climate](http://www.epa.gov/climate-indicators/weather-climate).
- <sup>2</sup> “Climate Explained: Ocean Acidification.” Save the Sound, Save the Sound, 30 Oct. 2023, [www.savethesound.org/2023/10/23/climate-explained-ocean-acidification/](http://www.savethesound.org/2023/10/23/climate-explained-ocean-acidification/).
- <sup>3</sup> “Learn More: Dissolved Oxygen.” Sarasota County Wateratlas, USF Water Institute, 2001, [sarasota.wateratlas.usf.edu/library/learn-more/learnmore.aspx?toolsection=lm\\_dissolvedox](http://sarasota.wateratlas.usf.edu/library/learn-more/learnmore.aspx?toolsection=lm_dissolvedox).
- <sup>4</sup> “Life in an Estuary.” National Ocean and Atmospheric Association, U.S. Department of Commerce, 25 Mar. 2025, [www.noaa.gov/education/resource-collections/marine-life/life-in-estuary](http://www.noaa.gov/education/resource-collections/marine-life/life-in-estuary).
- <sup>5</sup> “Long Island Sound Report Card.” Save the Sound, [www.savethesound.org/report-card](http://www.savethesound.org/report-card). Accessed 13 June 2025.
- <sup>6</sup> Van Patten, Peg, et al. “Sound Facts.” UConn.Edu, Connecticut Sea Grant, 2009, [seagrant.uconn.edu/wp-content/uploads/sites/1985/2020/09/SoundFactsFinal.2009.pdf](http://seagrant.uconn.edu/wp-content/uploads/sites/1985/2020/09/SoundFactsFinal.2009.pdf).
- <sup>7</sup> “What Is a Secchi Disk?” The Robert Carlson Secchi Dip-In, North American Lake Management Society (NALMS), [www.nalms.org/secchidipin/monitoring-methods/the-secchi-disk/what-is-a-secchi-disk/](http://www.nalms.org/secchidipin/monitoring-methods/the-secchi-disk/what-is-a-secchi-disk/). Accessed 13 June 2025.